



Dr. Richard C. Ingraham

April 4, 1931 - January 27, 2025

Dr. Richard C. Ingraham (93 years), passed away on January 27th, 2025 at Sunrise Senior Living in Mt. Vernon, NY. He was the father of Dr. Sherry A Downie of New Rochelle, NY.

Dr. Ingraham was born in St. Paul, Minnesota, son of Russell (Rex) and Pearl (nee Thompson) Ingraham. He joined the Air Force immediately following high school in Des Moines, IA and served two tours of duty as a radio operator in the Korean war. Following his military service, Richard went to the University of Nebraska, then the University of Missouri earning a PhD in Clinical Psychology. He became a professor of psychology at Metropolitan State College in Denver then finished his academic career at the University of Oregon in Eugene, OR. Early in his retirement he lived on his farm near Bremerton, Washington where he started a community theatre and enjoyed acting and directing local productions. He later moved to the east coast and spent his last decade with his daughter Sherry near NYC.

Richard was a multi-talented, high-energy person who could do anything he set his mind to. He skied, skated, sailed, played tennis and handball, built his own house and had a super-green thumb. He loved classical music, the theater, and travel. He was married multiple times and had three children by his first wife: Sherry in New Rochelle, Steven Ingraham (deceased 1988) and Rickie Roberts (deceased 2021).

Richard was an inspiration to many, many people – students, colleagues and family. In addition to his daughter Sherry, he is survived by his grandchildren –

Chelsea McDermott, Trevor Roberts, and Christina and Carolyn Downie; his great-grandchildren – Oliver, Otis and Luna McDermott, Juliette Aiche and Evan Murphy; his niece – Maureen Ford; and his great-nephew – Carson Ford. He will be remembered...with a smile.

Richard will be cremated and his ashes scattered into the Pacific Ocean off the coast of Washington state. Memorial donations may be made to The Nature Conservancy. Go to [nature.org/membership](https://www.nature.org/membership) and giving/other ways to give/make a memorial donation.

Tribute Wall

MF

“*Uncle Richard was my mother’s brother, and they had a close bond throughout her life. He was there when she passed on, and he and I forged a friendship over our shared love of my mom. I was able to visit him at many of his different homes, and we routinely spoke on the phone over the years. I am grateful for his kindness and all the stories he shared with me about my mom and their family. I love you Uncle Richard and will miss you- until we meet again in the next big adventure.*”

Maureen Halligan Ford - February 01, 2025 at 01:12 PM